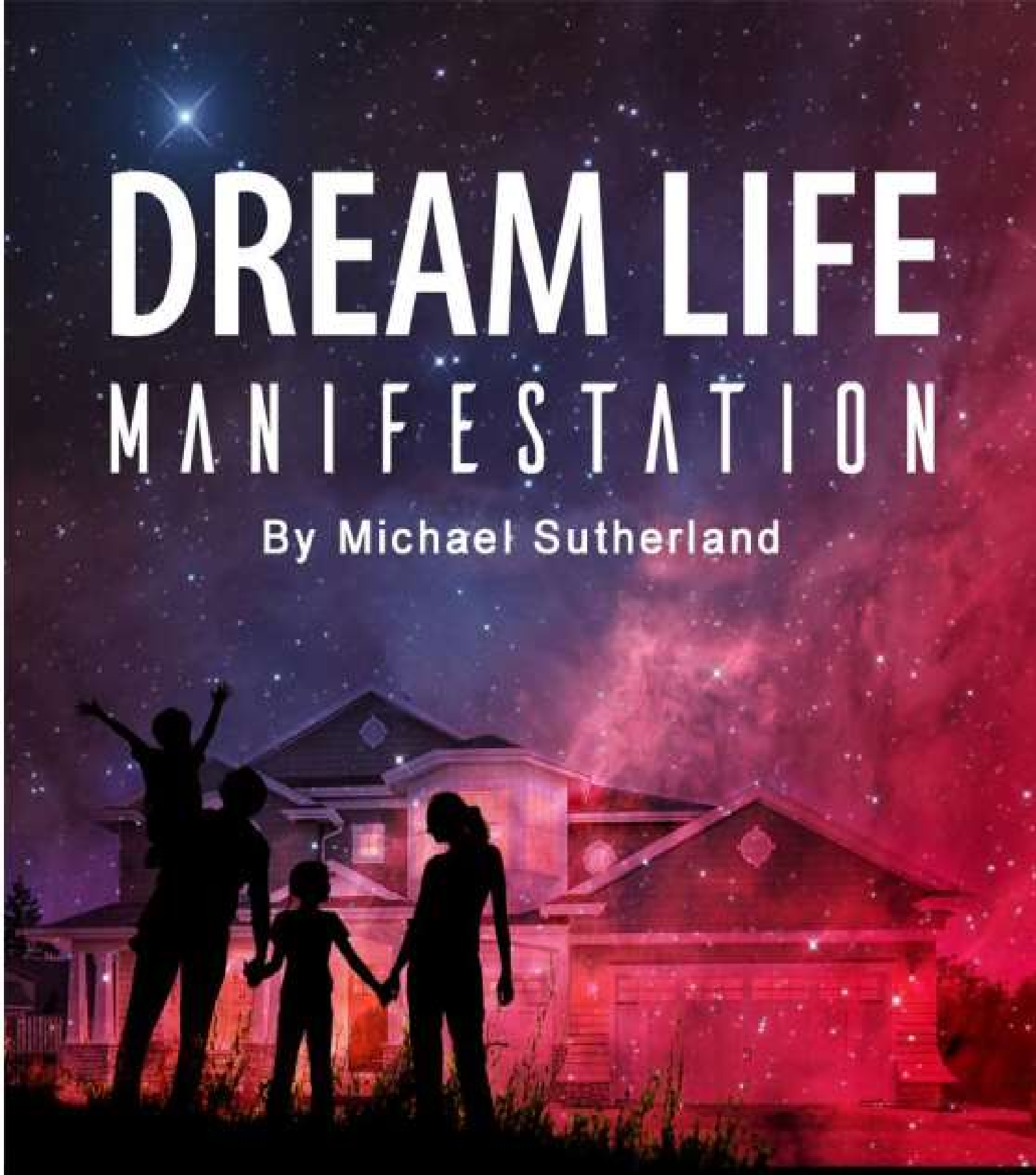
DREAM LIFE MANIFESTATION

By Michael Sutherland



7 SECRETS TO CREATING YOUR BEST LIFE POSSIBLE

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Dream Life Manifestation: 7 Secrets To Creating Your Best Life Possible

“Things have no reality other than in consciousness .” — Neville Goddard

Daniel was a senior accountant at a respectable manufacturing company for over two and a half decades until a major change happened in his life.

For a long time, he was perfectly fine where he was.

His job paid relatively well, while his wife was a high school biology teacher. They had three kids, and their oldest one had just started college.

They weren’t fabulously rich by any stretch, but they got by and were grateful for what they had.

And even though they had their ups and downs as a family, Daniel ’s life was, by all accounts, OK.

You could even say he was **happy** with the life he’d built for himself.

However, Daniel had this vague, nagging feeling inside of him that he couldn’t quite put his finger on. It had always been there even before he started his job and got married.

It was a faint whisper that Daniel ignored because he was busy raising his family and climbing the corporate ladder.

But Daniel got older, he found it harder and harder to brush it off. Now that Daniel was almost in his fifties, he finally acknowledged that voice inside of him.

As a kid, Daniel loved being in the kitchen because of his grandmother who had a passion for cooking. Daniel had always looked up to his Granna (as he liked to call her), which was why he inherited her love for making homemade treats.

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Daniel had a bit of a sweet tooth, so he loved making all sorts of desserts – which of course, his Granna taught him how to do.

Daniel was great at making pies, cookies, brownies, cupcakes and just about everything else you could stick in an oven. He made treats for his family all the time and even helped out at bake sales at school.

After high school, Daniel wanted to become a pastry chef. He already had a culinary school picked out and the restaurant where Daniel was going to work part-time.

But life had other plans for him. His career path took a detour because Daniel 's father pressured him to pursue a more "stable" line of work.

Your Ideal Reality: It's Not Too Late

After Daniel discovered the principles of the Law of Assumption as taught by Neville Goddard , it pushed him to take the plunge.

He used specific techniques that blasted through a lot of barriers in his mind that held him back. Daniel gradually built the mental power to power through decades of negative beliefs and revive his old dream.

It only took him less than a year to put everything together. Daniel handed in his resignation letter, got a loan and added that to some savings he had left over.

Then he put himself through culinary school in spite of the fears in the back of his mind. Daniel also worked as a part-time apprentice at a restaurant to learn the ropes and get his feet wet.

At the same time, Daniel got busy baking and started selling his goods to his friends and neighbors.

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Thanks to social media, word quickly got around and soon he got his old buddies to help him keep up with the increasing demand for his sweet treats.

Most people think that the Law of Assumption is a magic bullet that fixes everything at the drop of a hat.

But it's actually it's a way of life that puts you on the path to greatness. It's a journey of remembering who you truly are.

To make the transformation happen, you'll need to build a set of habits – only then will you be ready to walk on this path.

Here are some of the most helpful ways to turn your thoughts into forces that will change your life in a big way:

#1: Supercharge Your Belief System

You've heard of affirmations and you've probably tried them before.

But chances are you could do it better – especially if you've been experiencing limited results.

Your beliefs about yourself and the world are the foundation of everything you're doing now and what you want to accomplish in the future.

Living your dream life starts with having a rock-solid, unshakable faith in the fact that you have what it takes.

On top of that, you need to trust that your Imagination will always provide you what you need, whether it's friends, family, collaborators or resources.

Remember, scarcity *shouldn't* ever be part of your vocabulary.

So the first priority is to change your core beliefs by rewiring your everyday thought patterns.

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To do that, you need to direct your inner conversations that will define the reality you choose to live in.

Creating an effective statement to one self isn't as hard as you might think, but there is a certain process involved.

Once you get used to the motions, you'll effortlessly come up with affirmations that can create REAL change in your life.

Here's an overview of the steps:

- Do some **inner reflection** about what you want in life. For example, you might dream about putting up an after school center for kids in grade school. At the same time, you also want to set up a parenting blog to help moms and dads take better care of their children. Then ask yourself: what do these things have in common? What *similar values* do your goals represent?

- The next step is to **dissect your desires** and take a closer look. Putting up that center and your blog could be tied to your passion for caring about children. How have your **past experiences** influenced your passion? More importantly, what fears and doubts are getting in the way of manifesting your desires into reality?

- Once you've extracted the values and deep-seated desires from your dreams, you need to create a **common thread** that ties them all together. This will help you create an all-encompassing affirmation that speaks that unifying truth about yourself and your beliefs. Based on the examples above, you could make an affirmation along the lines of: *"I am so happy and grateful now that money comes to me in increasing quantities, through multiple sources on a continuous basis."*

- To get the most **power** out of your affirmation, it to be stated as a **FACT**, and not as wishful thinking. You need to say it as if it's

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happening right now. Remember – the belief comes first, then the **reality**.

#2: Find Inner Peace and Clarity

A cluttered mind is one of the most common problems people have with manifesting their dreams.

This makes it hard to reflect on what you want in life, or instill those affirmations we just talked about.

Also, **getting sidetracked** by the thousands of thoughts in your head every day can destroy your focus on the present moment. A good way to keep that static noise to a minimum is by learning the ancient art of **meditation**.

Yes, ancient – people have been practicing the habit of sitting still and focusing on the present for thousands of years.

And it's only in the recent decades that the Western world has caught up to the benefits it has to offer.

A study back in 2012 by the University of Manchester, Wake Forest School of Medicine and Max Planck Institute covered the effects meditation had on the brain.

They found that those who meditated were literally rewiring their brain – and this helped them manage their pain better.

And this is barely scratching the surface.

Many other studies have documented how the habit of quietly observing the present moment unfold can boost the immune system, promote emotional stability, relieve symptoms of depression and kick substance abuse.

People have even learned to *grow their grey matter* and strengthen the connection between the neurons in their brain.

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If you want to sharpen your mind and use it to achieve your dreams, this is one habit worth investing in.

Neville always spoke the words " ***Let's Go Into The Silence***".. simple but infinitely powerful.

#3: Face your fears and embrace your passion

The great thing about breaking out of your old belief systems is that it FREES you to explore the unknown.

Like Daniel , a lot of people have reasons not to create their dream lives, with FEAR being the biggest one.

All those what-ifs can make you conjure up a bunch of terrifying scenarios where you fail miserably. But what I've learned from my own experiences is that those fears WILL go away on their own when you *take that first step*.

Try to think of this as a process of **discovering** who you <u>really</u> are. This is basically the whole reason you're making this breakthrough in your life right now.

Daniel found out the hard way that he didn't want to be the bored accountant trudging through his job anymore.

Through his own journey, he found out he was meant to be Daniel the baker who found joy and in making other people happy, one slice at a time.

He discovered that the human imagination had the ability to MANIFEST anything he desired.

I recommend you try listening to your own voice like Daniel did to pinpoint where your true passion lies. Doing this will help you turn up that voice inside and *drown out those fears*.

First, think about who inspires you. Daniel had his Granna, and he learned a lot valuable lessons from her.

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Try to study the process your own heroes went through so you can take the same path as them.

Next, what do you do that adds value to the world? Can you do it for long stretches of time, even if you aren't paid to?

And above all, does it give you that special kind of rush?

Answer these questions to figure out your real path. Then you can move on to thinking about the steps needed to **MAKE IT HAPPEN**.

It's incredibly motivating, gives you a sense of direction and empowers you to manifest your true destiny.

Don't worry if you don't have all the details right now. As you go through the process, the missing pieces will reveal themselves and you'll fill in those gaps later on.

Imagine yourself already living this dream life and get really specific about it.

What does your dream life look like? Who are the people with you, and how are they celebrating your victories?

The clearer your picture is, the better you can motivate yourself to fulfilling that vision.

Like I said, the **belief** has to come FIRST - the rest will take care of itself.

#4: Believe in the SUM of your efforts

What **demotivates** most people is the thinking that the work they put in *doesn't add up*.

But that's the opposite of what the Law of Assumption demands from us – if you want manifest your dream life, that is.

As within so without , and choosing to be stagnant will only create more of the
SAME.

So if you push yourself to put a little work in every day, those results will PILE UP.

Think about it this way: whatever state you're in right now, you got there by doing a **little** of it *each day*…

…or by doing nothing about it.

Either way, your current situation is **clear proof** of that.

Imagine if you totally transformed your inner state of consciousness. Started to believe in a totally new you. What kind a life experience would you have right now?

Most people don't understand that everything is energy . . . or Consciousness. So when you try to attain material desires, no matter what it is, you need to do it from a level of Consciousness, not from a level of material effort. This is why so many people do not reach their goals or achieve success despite every effort. If you are trying to create something, but your level of Consciousness does not match what you are trying to create, you will struggle to have it.

If you keep the momentum going, just imagine the kind of critical mass you'll build up in the coming weeks, months and YEARS.

That "small" change in consciousness you make today - and the other ones after that – will radically change the course of your life.

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#5: Be the change you want to see

You've heard this before, but hold on – there's another way of looking at this well-known saying.

You see, manifesting the life you want begins through change, but most folks don't think they have the power to do this.

They feel **helpless** and trapped by their circumstances, and so they choose to stagnate rather than grow.

What I've discovered over the years is that you can reclaim your power by learning how to wield that incredible energy you *already* have.

Your wonderful human imagination.

It's just a matter of getting into the habit of using it in a **positive** way. And more importantly, it has to be done in a way that changes other people's lives.

This is extremely empowering for a couple of reasons.

As I pointed out, that as you change your state of consciousness and ***Persist*** in this state, this external world as you know it, is compelled to match that state.

If you try to change people's lives in some way, remember they too are a reflection of your state of consciousness. So imagine lovingly for them and that will be played out in your experience.

It's sort of like training your "manifestation muscles" and strengthening them. As you learn to change one area of your life, it becomes easier to do the same for the **other parts** as well.

I've found that doing this raises your belief in self so deeply that – any issue in life you have the ability to overcome.

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#6: Thank your lucky stars

Here's another great thing about going about your day with positive energy: it creates a **natural buffer** that "insulates" you.

You can do this by being grateful for your desire even before it appears. ***"But that's crazy you say!"*** .

I never said this Law of Consciousness was however - This one habit alone will keep you going even when times **get tough**.

I know how tempting it is to feel resentful when everyone else seems to be doing great except you.

But if you can find it in yourself focus on the thing you wish to manifest and be grateful in advance …

…you'll remain in the right state and your desire in inevitable.

Let's face it - you can't hope to manifest something that your mind refuses to **appreciate** or even **acknowledge** in the first place.

When you cultivate an energy that feeds on gratitude, you're helping the subconscious part of you choose to ACCEPT it as real.

#7: Turn on your "green light"

A lot of people have a huge stop sign lit up in their heads, and it's keeping them from doing them what they want.

It's like their soul is permanently stuck at a stoplight that REFUSES to change from red to green.

And they don't realize what's going on because they've been conditioned by people and experiences from their past.

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It might be an ex-partner who told them they're not attractive enough…

…a classmate who made fun of them all the time…

…or a parent who dismissed their dreams because "it wasn't the best fit" for them.

People unconsciously feed into this negative energy which keeps that stoplight **forever red**.

This is the baggage you need to get rid of. Dig deep and come to terms with the events and encounters that might be messing with your own spiritual stoplight.

They only have as much power over you as you **allow them to**.

And once you've cut off this source of negative energy, you'll give yourself the green light and head *full speed* towards your dream life!

Listen, I know it's like to struggle against **yourself**.

I was full of destructive beliefs and had a huge chip on my shoulder. It was supremely frustrating knowing that I was the BIGGEST roadblock to my own success.

Worse, I felt like *fraud* from living as a happy and fulfilled version of myself…

…when in fact, I was actually **falling apart** on the inside.

It didn't matter how many people admired me and envied my "successful" life.

Running my own business lost its meaning and I felt like magnet that attracted a superficial, hollow life.

But things turned around when I got into the discovered the teachings of Neville Goddard started applying the things I learned about it.

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After I did the habits we just covered today, everything seemed to work out on their own.

I finally rediscovered my life's purpose - and on top of that, I manifested ed a better life **effortlessly** without feeling like a phony.

Better still, I didn't have to be a mindless zombie from working all the time.

As much as I'd like to give you the **full story** of how I did it, I'd rather that you **learn these principles** instead.

I made an important discovery that **AMPLIFIED** the effects of the habits in this article. It sped up my results by almost **double** and complemented everything else I did!

To learn the secret to Manifestion using Neville Goddard's Law of Assumption click here NOW…

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