



Neville Goddard

FUNDAMENTALS

Life and Background

Neville Goddard (1905 - 1972) was a prominent mystic, author, and lecturer in the New Thought movement. He was born in Barbados, British West Indies (now known as Saint Michael, Barbados) in 1905 and later became a naturalized American citizen. Neville's teachings have had a significant impact on the development of the Law of Attraction and the concept of manifesting reality.

FUNDAMENTALS OF NEVILLE GODDARD

1 POWER OF IMAGINATION

Neville emphasized that the human imagination is the most powerful tool for creating and shaping one's reality. He believed that everything in the world is first created in the imagination before manifesting in the physical realm. By consciously using our imagination, we can turn our desires into tangible outcomes.



2 "I AM" TECHNIQUE



A central aspect of Neville's teachings is the use of the phrase "I AM" as a declaration of one's desired state. According to him, whatever follows "I AM" becomes a self-fulfilling prophecy. By affirming positive statements such as "I AM happy," "I AM successful," or "I AM loved," individuals can align themselves with their desired reality.

3 LAW OF ASSUMPTION

Neville believed that assuming the feeling of the wish fulfilled is crucial to manifesting desires. It's not enough to merely wish for something; one must immerse themselves in the emotional experience of already having what they desire. By living in the assumption of the desired state, individuals resonate with that reality and attract it into their lives.



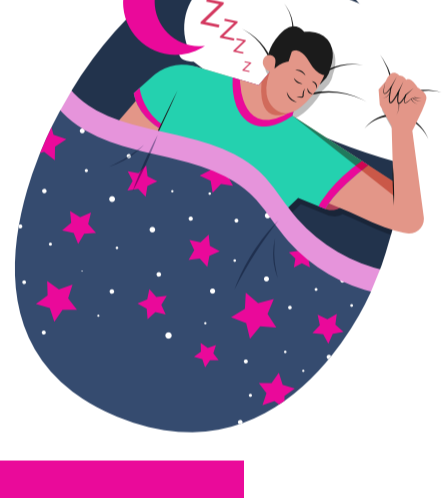
4 CONCEPT OF CONSCIOUSNESS



According to Neville, consciousness is the only reality. He asserted that everything we experience, including our external world, is a reflection of our internal state of consciousness. If we want to change our circumstances, we must first change our consciousness. By elevating our thoughts and feelings, we can transform our reality.

5 STATE AKIN TO SLEEP (SATS)

Neville recommended the practice of a technique called "State Akin to Sleep" (SATS) to impress our desires upon the subconscious mind. Before falling asleep at night, enter a drowsy state where your conscious mind is less active and your subconscious is more receptive. In this state, vividly imagine your wishes as fulfilled. This process helps program the subconscious mind to work towards manifesting those desires.



6 DETACHMENT



While actively imagining your desires, Neville advised practicing detachment from the outcome. He believed that being too attached or desperate for a specific outcome could hinder the manifestation process. Instead, trust in the power of your imagination and the Law of Assumption. Detachment allows the Universe to bring your desires to fruition in the best possible way.

7 PERSISTENCY AND FAITH

Neville stressed the importance of persistently holding onto your vision, even in the face of challenges or setbacks. Faith in the power of your imagination and the Law of Assumption is crucial for successful manifestation. Keep believing in the reality you have assumed, and it will eventually materialize in your life.



8 REVISION



Neville taught that individuals could use the power of imagination to revise past events or negative experiences. By rewriting the story of your past and infusing it with positive emotions and outcomes, you can change its impact on your present and future. Revision is a powerful tool for transforming the way you perceive and experience your past.

9 INTERNAL CONVERSATIONS

Neville urged people to pay attention to their internal dialogue. Negative self-talk and limiting beliefs can impede the manifestation process. By reframing negative thoughts and ensuring that your inner conversations align with your desired reality, you can change your subconscious programming and attract positive experiences.



10 LIVING FROM THE END



Neville taught the concept of living in the feeling of the wish fulfilled. Instead of waiting for external circumstances to change before feeling happy or successful, adopt the mindset of already having what you desire. Living from the end means embodying the emotional state of your desired reality, which accelerates the manifestation process.

KEY TEACHINGS

-  Your imagination shapes your reality.
-  Assume the feeling of the wish fulfilled to attract your desires.
-  Consciousness is the only reality.
-  Use SATS and detachment for successful manifestation.
-  Persistence, faith, and positive self-talk are vital for success.



Neville Goddard Mystic Teachings:

www.truecosmic.com/academy

