



## TRANSFORMING REALITY:

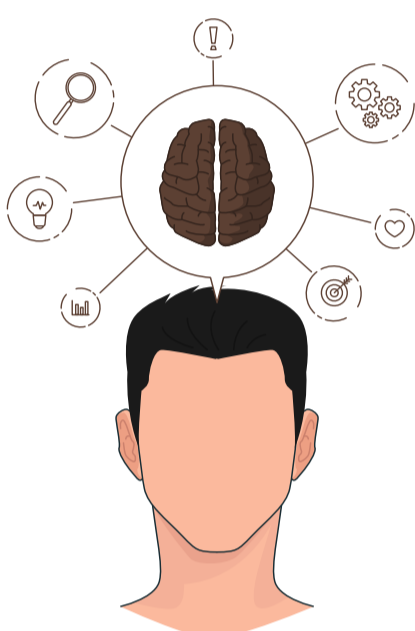
An Insight Into Rapid Transformational Therapy  
And The Law Of Assumption

### WHAT IS RTT?



**Rapid Transformational Therapy (RTT) is a process that involves three main steps:** Hypnosis, regression, and transformation. During hypnosis, the individual is brought into a relaxed state to enable deep subconscious exploration. The regression phase involves revisiting past experiences that may have contributed to current issues. The transformation phase involves changing the narrative around those experiences to foster positive change.

### WHAT IS THE LAW OF ASSUMPTION?



The Law of Assumption is a principle that suggests our deepest beliefs, expectations, and assumptions shape our reality. It's the idea that whatever you assume to be true becomes your reality.



This concept was popularized by the legendary mystic Neville Goddard. He believed that by applying the Law of Assumption (LOA) to your goals and desires, you can attain them. The key is to live in the state of believing you already have what you desire, thereby aligning your thoughts and actions with that reality.



For instance, if someone wants to believe the universe is granting them their desires, instead of the "I AM GOD" format, that person is utilizing the LOA. The law operates on a simple yet profound principle: what we assume to be true becomes our reality.

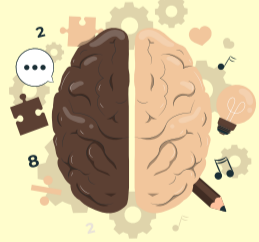
**Brief overview of how RTT and the Law of Assumption can be linked discussing:**

- How RTT can help in changing our assumptions
- The role of positive assumptions in successful RTT.



Rapid Transformational Therapy (RTT) and the Law of Assumption can work in tandem to bring about significant changes in our lives. RTT, with its unique approach to uncovering and altering subconscious beliefs, can help in changing our assumptions.

## HERE ARE 3 TECHNIQUES THAT ENHANCE THE LINK BETWEEN RTT AND LAW OF ASSUMPTION.



Visualization techniques are a fundamental part of RTT and play a crucial role in the Law of Assumption. These techniques involve creating mental images of the desired outcomes, thereby influencing subconscious beliefs and assumptions.

Affirmation techniques are powerful tools in shaping our reality. In RTT, affirmations are used to replace negative beliefs with positive ones. The Law of Assumption operates on the principle that our thoughts shape our reality, hence positive affirmations can help manifest desired outcomes.



Mindfulness and Meditation techniques can help reinforce the changes brought about by RTT and the Law of Assumption. By fostering a state of present moment awareness, individuals can become more attuned to their thought patterns and consciously choose empowering assumptions.

## CONCLUSION: THE POWER OF RTT AND LAW OF ASSUMPTION COMBINED

In conclusion, the combination of Rapid Transformational Therapy (RTT) and the Law of Assumption can be a potent tool for personal transformation. RTT's ability to uncover and alter subconscious beliefs aligns perfectly with the Law of Assumption, which posits that our reality is shaped by our assumptions.

**Neville Goddard Mystic Teachings:**

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