

NEVILLE GODDARD

10

ASPECTS OF MANIFESTATION

SLEEP

Neville mentions frequently how powerful it is to fall asleep steeped in the imagination of the wish desired. When you are laying in bed at the end of the day and becoming drowsy create, with as little effort as possible, the scene in your mind that will indicate your desire has been obtained. If you use too much effort your ego will remain active and you won't be able to fall asleep.



Why this is so effective? Wayne Dyer mentions that if you take an idea to sleep you have 8 hours of being unconscious where you cannot undo or negate this manifestation. Neville says something very similar in "Resurrection".



"Once asleep man has no freedom of choice. His entire slumber is dominated by his last waking concept of self. It follows, therefore, that he should always assume the feeling of accomplishment and satisfaction before he retires in sleep." - Neville



1



MEDITATION



"In fact, the greater energies of the mind seldom break forth save when the body is stilled and the door of the senses closed to the objective world." - Neville



Neville talks about achieving a type of "controlled waking dream" where one is maintaining the feeling of the wish fulfilled while shutting down the bodily senses. With the senses quiet one can connect deeper with the powers of imaginal manifestation.



"It is a state in which you are conscious and quite able to move or open your eyes but have no desire to do so." - Neville



2



VISUALIZATION



"Now, this is what I mean by spiritual sensation. Imagine that you are holding a rose in your hand. Smell it. Do you detect the odor of roses? Well, if the rose is not there, why is its fragrance in the air? Through spiritual sensation - that is - through imaginal sight, sound, scent, taste and touch, you can give to the image sensory vividness. If you do this, all things will conspire to aid your harvesting and upon reflection you will see how subtle were the threads that led to your goal." - Neville



The more senses we can engage mentally the better in our process of visualization. Anything we can use to help bring us to the state the better. If you are wanting to move to a new city then always carry a picture of this new city with you.



Throughout the day sit down and gaze into your picture. Imagine the feeling of living in that city inside the scene in your picture. See the streets, smell the scents in the air, feel the warmth or coolness the humidity or lack of, hear the sounds local to that area.



3



CONTINUOUS PRAYER



"Every moment of your life, consciously or unconsciously, you are assuming a feeling." - Neville



When you realize that every moment we are assuming a state you see the importance of being in control of one's mind and thoughts. To let one's mind indulge in negative or unproductive thoughts is counterproductive. Neville calls this "Investing our thoughts".



In our usual mode of consciousness we are spending our thoughts by letting our mind freewheel bouncing from thought to thought in an associative manner.



In investing we control where our thoughts are placed. The longer and more frequently we can maintain the state of the thing desired the quicker will be its manifestation.



4



"The desire which realizes itself is always a desire upon which attention is exclusively concentrated, for an idea is endowed with power only in proportion to the degree of attention fixed on it." - Neville



FEELING



"...you must assume the feeling of the fulfillment of your desire until you are possessed by it and this feeling crowds all other ideas out of your consciousness." - Neville



If you truly desire something when you acquire it you should achieve an emotional peak of sorts. By imagining the feeling of receiving what you wish you can concentrate on this feeling and amplify it until the only thing you are aware of is this wonderful feeling of the wish fulfilled.



5



NEGATIVITY



"...prune your imagination by withdrawing your attention from all unlovely and destructive ideas and concentrating on the ideal you wish to attain." - Neville



One of the main themes taught in the Fourth Way schools is the removal of negativity. The negativity you allow yourself to indulge in keeps your energies from rising above the base level of daily human drama.



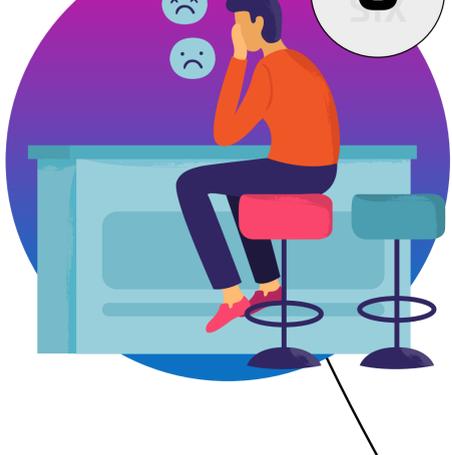
The negativity you put your attention on, through the law of manifestation, will eventually find its way into your life and perpetuate negative conditions in your life. This is an excellent place to start your Neville work



Assume a positive outlook, see everyone at their best and everything at its best regardless of your memory of them.



6



INNER DIALOG



"Your inner speech is perpetually written all around you in happenings. Learn to relate these happenings to your inner speech and you will become self-taught." - Neville



It is important to become aware of the thoughts running through one's mind. Observing the mind is difficult but can be achieved through non-judgemental detached observation of one's self.



"An uncritical observation of our inner talking will reveal to us the ideas from which we view the world." - Neville



7



PRESENT MOMENT



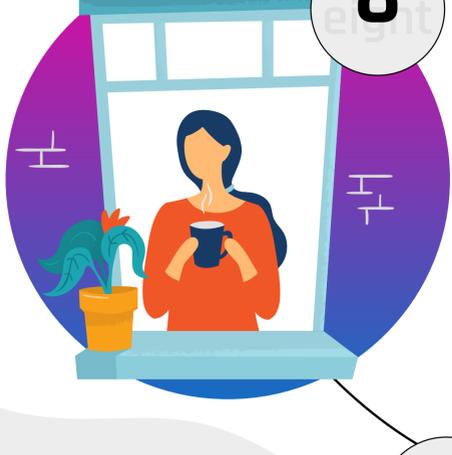
Everything happens now. Even when you remember something it is a present memory of a past event. Correct prayer must be done in the present tense. Feel yourself into the state of the thing desired now, not in some future time frame.



"What you must strive after is being. In order to do, it is necessary to be. The end of yearning is to be." - Neville



8



TIME



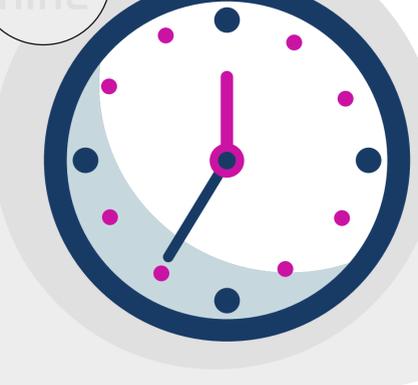
"There is always an interval of time between the impression and its expression, between the conscious claim and its embodiment. This interval is called the Sabbath, the period of rest or non-effort (the day of entombment)." - Neville



In his book "Your Faith is Your Fortune" Neville acknowledges the element of time involved in manifestation. Although time is ultimately an illusion it is an illusion we must contend with until we transcend physical limitations. The time it takes to manifest something would depend on the feeling intensity and the diligence of the practitioner.



9



10



REVISION



Neville mentions that if he is to be remembered for anything that it would most likely be for the exercise of revision. Revision is simply changing your memory of an event in your life. The idea is to take a memory of a negative physical event and convert it into a positive imaginal event.



Revision, also popular in the NLP world and given to us also by Dr Joseph Murphy, works by supplanting a memory with an equally valid imaginal event.



<https://truecosmic.com/>

Correct prayer as described by Neville Goddard
Revision 12/09/2003

https://www.academia.edu/30504911/Wishes_Fulfilled_Mastering_the_Art_of_Manifesting_Dr_Wayne_W_Dyer_pdf